

**TAMILAVEL UMAMAHESWARANAR KARANTHAI ARTS COLLEGE
THANJAVUR – 613002.**

INTERNATIONAL YOGA DAY CELEBRATED

Morning Session

On behalf of our college National Service Scheme jointly with Thanjavur Vasantham Lion's club and Thanjavur Manavalakalai Trust celebrated International Yoga Day on **21-06-2019** at Tamilavel Umamaheswaranar Karanthai Arts College, Thanjavur. The College **Principal** (In-charge) presided over the function. **Mrs. Josephine Gnanaoli**, Yoga teacher gave a special address to the 300 participants, explaining the benefits of Yogasanas and Meditation in day-to-day affairs **Mr.D.Mahadeven**, **Mr.Purusothaman** and **Mrs.K.Priya**, teachers of Manavalakalai trust, trained the students individually and also professors of the college on the day. Finally, **Mr.P.Senthivel**, Head, Department of Chemistry proposed the vote of thanks.

















Evening Session

In the Evening Session, **Mr.K.MANMADHAN**, In-charge, Dept. of English, gave the welcome address to the gathering, **Dr.U.DURAI**, Head, Department of Computer Science gave felicitation.

Yoga guru **Thiru.S.K.SATHYAMURTHI** acted as chief guest, taught yogasanas to the students as well as professors of the college. Finally, **Dr.N.MANIKANDAN**, Department of Commerce, delivered the vote of thanks.

